

LAKE COUNTY GUIDELINE FOR PRESCRIBING OPIOIDS FOR CHRONIC PAIN

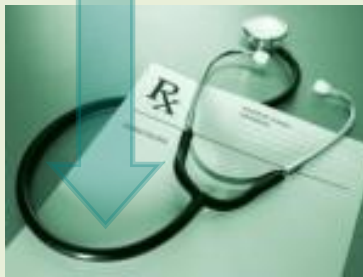
Effective and Responsible Chronic Pain Management



THE EPIDEMIC

OUR VISION is to create a healthier and safer community by improving the quality of life and functionality of individuals with pain, and reducing harm from prescription drug misuse and abuse through collaborative partnerships that focus on prevention, treatment and recovery

The number of Lake County opioid prescriptions dispensed per 1000 residents in 2010 was **1762**



The number of Lake County opioid prescriptions dispensed per 1000 residents in 2015 was **reduced to 1528**

20,904
Opioid Rx
Dispensed in Lake County
August 2016
16,531
Opioid Users
In Lake County August 2016

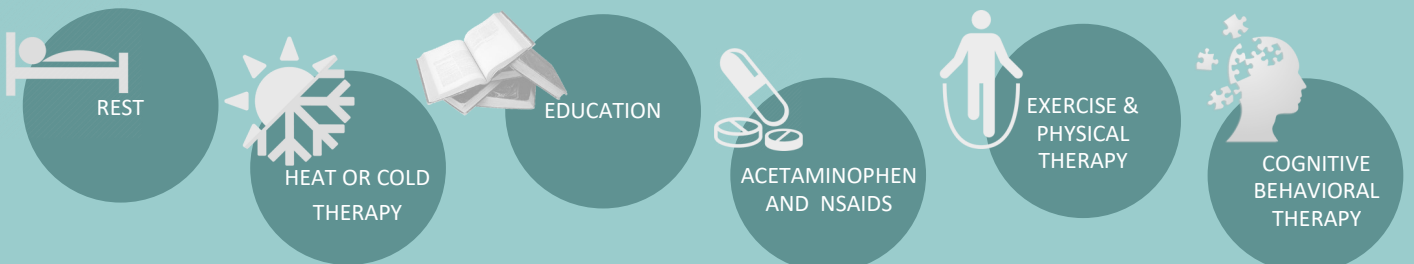
2014 Lake County Statistics:

Opioid Related
Deaths: 25
E D Visits: 40
Hospitalizations: 62



OTHER WAYS TO MANAGE PAIN

Consider alternatives to opioid therapy that may provide adequate relief.



PRESCRIBING GUIDELINE

These guidelines acknowledge that every patient has a right to be assessed for pain and if the patient is found to have pain, have a plan of care developed to manage pain. The intention of these guidelines is to ensure that providers assess all options for treating pain, and decide on the safest, most appropriate pain management method.

- 1 DETERMINE:**
If the expected benefits for both pain and function are anticipated to outweigh the risks to the patient
- Non-pharmacology therapy and non-opioid pharmacology therapy are preferred for chronic pain.
 - Set Realistic treatment goals for pain and function
 - Discuss known risks and benefits of opioid therapy and responsibilities for managing therapy.

- 2 CONSIDER:**
Opioid Selection, Dosage, Duration, Follow-up and Discontinuation
- Prescribe immediate-release opioids instead of extended-release/long-acting opioids.
 - Prescribe the lowest effective dose.
 - Evaluate benefits and harms within 1 to 4 weeks of starting opioid therapy or dose escalation and monitor frequently.

- 3 ASSESS:**
Risk and address harm of opioid use
- Before starting and during therapy clinicians should evaluate risk factors.
 - Review patient history using CURES data.
 - Offer evidence based treatment for patients with opioid use disorders.
 - Co-prescribe Naloxone to individuals at risk for overdose.

Overarching Goal of SafeRx: Reduce the deaths due to the use and misuse of prescription pain killers by 50% and improve the quality of life for residents of Lake County by improving access to pain management alternatives by 2020